



Work with me



Transformative Tantric Breath & Bodywork

This 1:1 session offers a holistic approach to activate your body's inner healing abilities. Through conscious breath-work, safe bodywork, and Kundalini activation, old traumas are released, bringing peace and self-love. Experience the inner dance of emotions and higher understanding.

Book a session today for this transformative journey of self-realisation.



Ecstatic Dance Journey

Discover the sensual being within you through this transformative group dance practice. Imbued with ancient tantric teachings, this guided dance will connect you with your body, cultivate self-acceptance, and release body shame. Experience the power of embodied movement, psychosomatic and repatterning. Awaken your senses, boost your confidence, and nourish your soul. Book a session to dive into the flow, listen to your body, and dance to the rhythm of your pleasure. Unleash your inner brilliance and feel the unconditional positive regard for the beauty within you.



Inner Alchemy: Desire Fulfilment Coaching

Unlock your desires and transform your life with personalised Tantric coaching. Heal past wounds and align with your authentic self. Experience the magic of the Feminine Mysteries, birthing your soul gifts and feminine leadership. Cultivate self-love, integration, and discover profound fulfilment.

As a Desire Fulfilment coach, I use ancient wisdom to transform women spiritually, mentally, and physically. I see again and again with my clients - the distance in what we desire & what we are actually getting in life is the encoding in our primal brain, our subconscious. Using a combination of guidance, shadow-work, somatic healing, transformative breath-work and ecstatic movement, we will excavate that deep coding and integrate it so that we can create the desired reality.

Book a discovery call to explore this transformative path.